

## Winter Spring Dance Classes

Session I: January 7 - February 16

Session II: February 25 - April 13

Location: Community Center

Limit: 4/12

No Classes: March 25-30



at Wauconda Park District

BALLET - HIP HOP - JAZZ - LYRICAL - MODERN

### Principles of Choreography

This beginning level choreography course will introduce students to both the exploration of the choreographic process and the basic tools used in choreography. Students will learn through improvisations, assignments, class discussions, and the completion of a final piece that will be presented at the Spring Concert. Time will also be given in regard to music, lighting and costume design choices.

Location: Community Center *Volo*  
 R/NR Fee: \$170/\$190  
 Limit: 4/12  
 Register by: One week prior to class  
 Code: Day: Date: Time:  
 1407 ~~Fri~~ 1/11-5/17 9:45-10:45am

*SAT*

### Book and Boogie! (3-5 yrs)

Join us as we pair picture books with dance and movement activities for a fantastically fun Friday! Each week will feature a new story, movement, music and art project. Children should be potty trained. This is a drop-off class.

Location: Community Center  
 R/NR Fee: \$12/\$15 per class  
 Limit: 4/12  
 Register by: One week prior to class  
 Code: Day: Date: Time: Theme:  
 1408 Thu 12/13 10-11am Winter  
 1409 Thu 2/14 10-11am Valentines Day  
 1410 Thu 3/14 10-11am St. Patricks Day  
 1411 Thu 4/18 10-11am Spring!

*In 11 11 9-12*  
**Inversion Training (13+ years)**

This is a class for dancers/athletes to deconstruct traditional dance vocabulary and challenge notions of what the body is capable of performing. Join us each week as we work on core strength, balance, upper and lower body strength, and alignment. We will train how to be upside down in a variety of inversions and balance there without fear using the body's natural structure as well as props such as stability balls, elastic bands, mats, and the wall, for a fun and challenging work-out!

Location: Community Center  
 R/NR Fee: \$49/\$61  
 Limit: 4/12  
 Register by: One week prior to class  
 Code: Day: Dates: Time:  
 1412A Fri 1/11-2/15 9:45-10:45am  
 1413A Fri 3/1-4/12 9:45-10:45am

*SW* {  
 1412B " 1/11-2/15 7:30-8:30  
 1413B " 3/1-4/12 " "

Time	Age	Class	Winter 1/7-2/16	Spring 2/25-4/13	R/NR Fee	Location
<b>Monday</b>						
11:45am-12:30pm	5-6 yrs	Pre-Ballet	1400	1414	\$46/\$57	Comm. Center
12:30pm-1:15pm	5-6 yrs	Pre-Jazz	1401	1415	\$46/\$57	Comm. Center
3:15pm-4:00pm	3-4 yrs	Creative Dance	1402	1416	\$46/\$57	Comm. Center
<b>Wednesday</b>						
10:15am-11:15am	5-6 yrs	Pre-Ballet and Tap II	1403	1417	\$49/\$61	Comm. Center
3:15pm-4pm	5-6 yrs	Pre-Ballet	1404	1418	\$46/\$57	Comm. Center
2:45pm-3:30pm	5-6 yrs	Pre-Modern	1405	1419	\$46/\$57	Comm. Center
<b>Thursday</b>						
3:30pm-4pm	2.5-3 yrs	Intro to Creative Dance	1406	1420	\$42/\$53	Comm. Center