

Wauconda Kids Triathlon

General Information

Bike Route

The bike course is primarily flat. The entire bike course is open to regular road traffic. Please be aware of your surroundings and be careful. Always use caution and remain to the right hand side of the road. We will have volunteers riding the course if any participants need assistance. Headphones are prohibited. **For the safety of everyone, NO PARENTS ARE ALLOWED ON BIKE COURSE.**

Run

Race numbers will be provided. Numbers must be worn on the run. The route is on our park district walking path and is closed to traffic other than at our two park entrances. Volunteers and signs will direct the runners and the auto traffic, but remain cautious. Fluids will be available near the transition area. Run course is a one mile lap of the Park District walking path.

Refreshments

There should be ample food and beverages at the finish line. Please refuel yourselves and refrain from feeding your family and friends. **These items are intended for the athletes only.**

Course Maps

Course maps will be available online at www.waucondaparks.com.

Parking

Parking will be available in the Wauconda High School directly across the street from Cook Park.

Parents

Parents cannot participate alongside your child. Parents are encouraged to gather along the race course and cheer for the participants.

Race Results

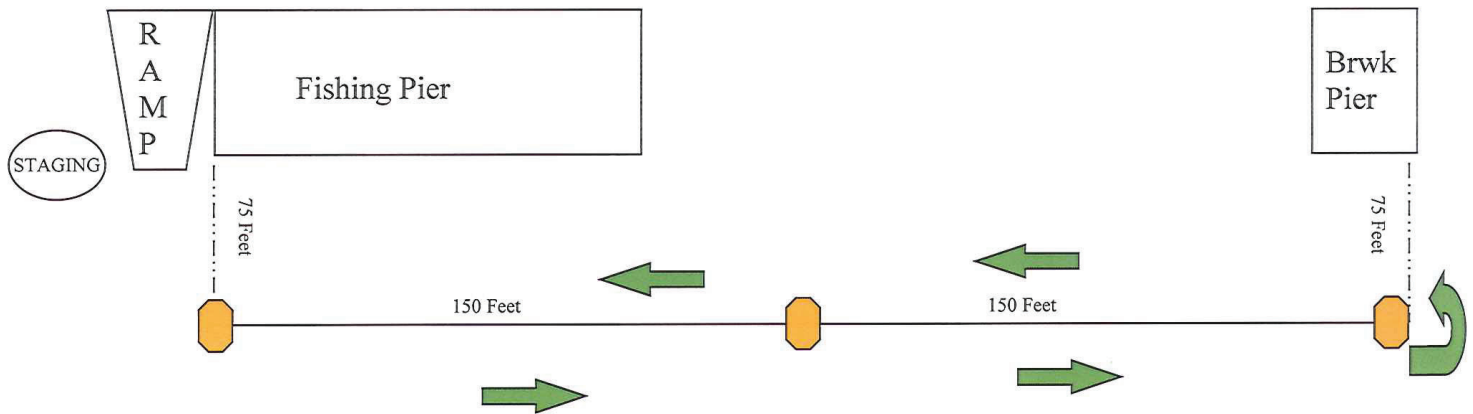
Race results will be posted at the awards ceremony approximately 30 minutes after the last person crosses the finish line. Results will also be posted online at www.waucondaparks.com no later than Monday, July 23 at 5:00 pm.

Wauconda Kids Triathlon Swim Course Map

7-10 years: 100 yard swim

11-15 years: 200 yard swim

100 yards = 200 feet



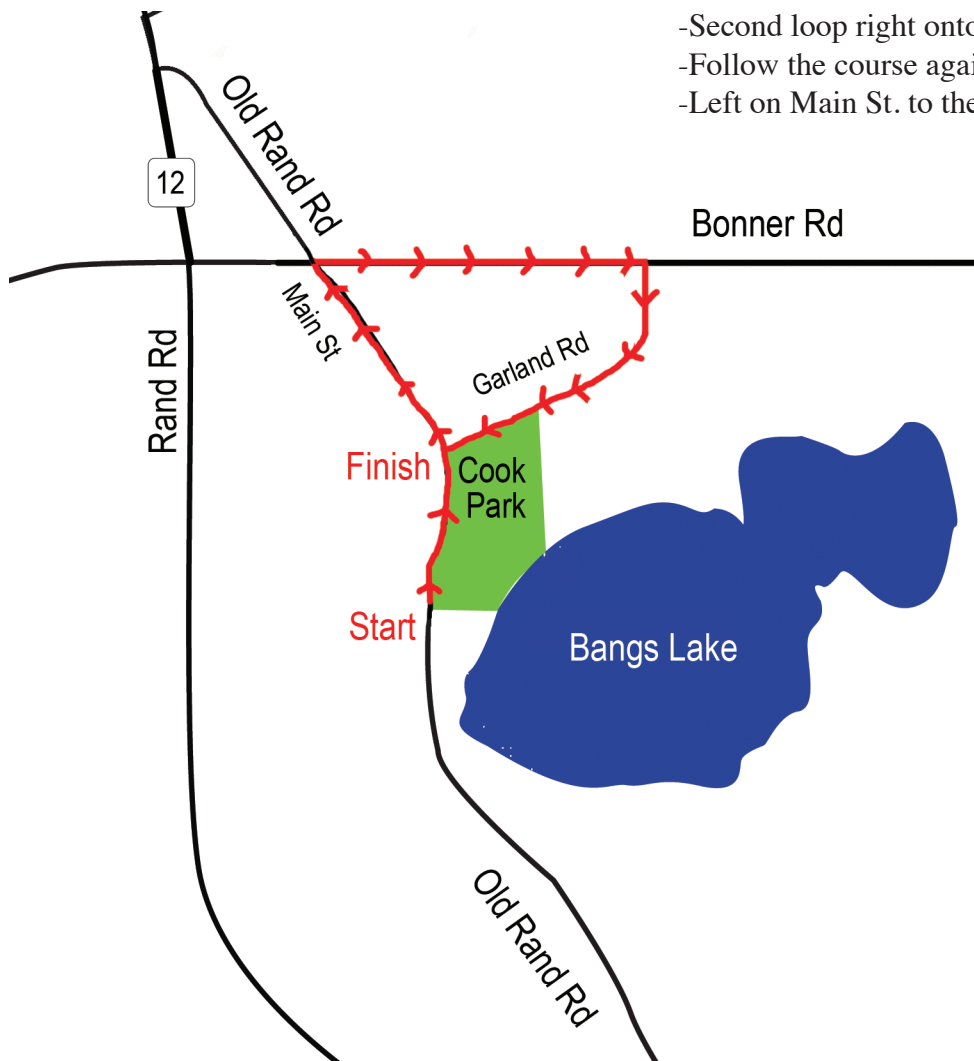
Wauconda Kids Triathlon Bike Course Map

7-10 years: 3 miles

- Start North on Main St. at Cook Park Entrance
- Right on Bonner Rd
- Right on Garland
- Left on Main St
- Finish line in the Community Center parking lot

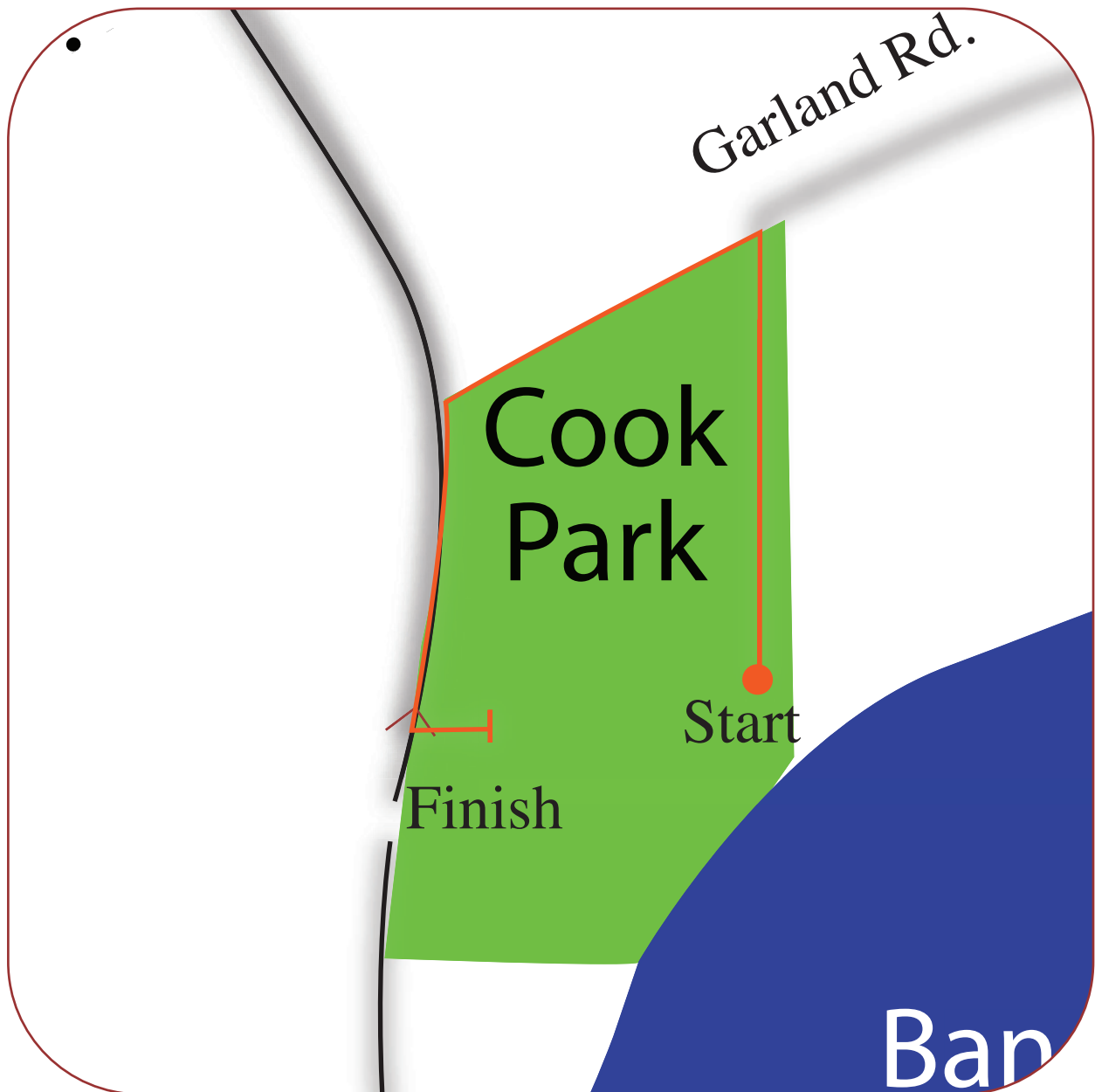
11-15 years: 6 miles

- Second loop right onto Main St. from Garland Rd.
- Follow the course again back to Garland Rd.
- Left on Main St. to the transition area



Wauconda Kids Triathlon Run Course Map

7-15 years: 1 mile run



Cook Park, 600 North Main Street, Wauconda, IL 60084
www.waucondaparks.com (847) 526-3610
Wauconda Park District