

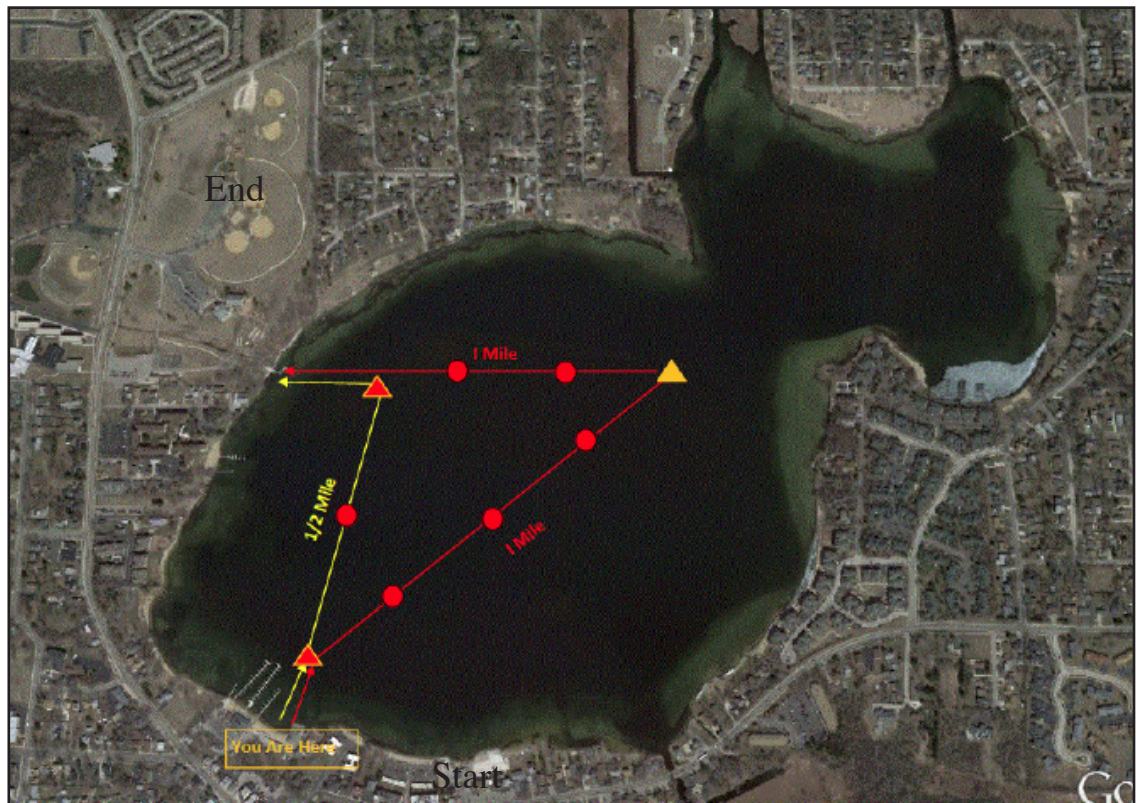


Wauconda Adult Sprint Triathlons Swim Course Map

Begins at Beach Park
Ends at Cook Park fishing pier

(Transportation will be provided from Cook Park to Beach Park
before the race.)

0.5 Mile



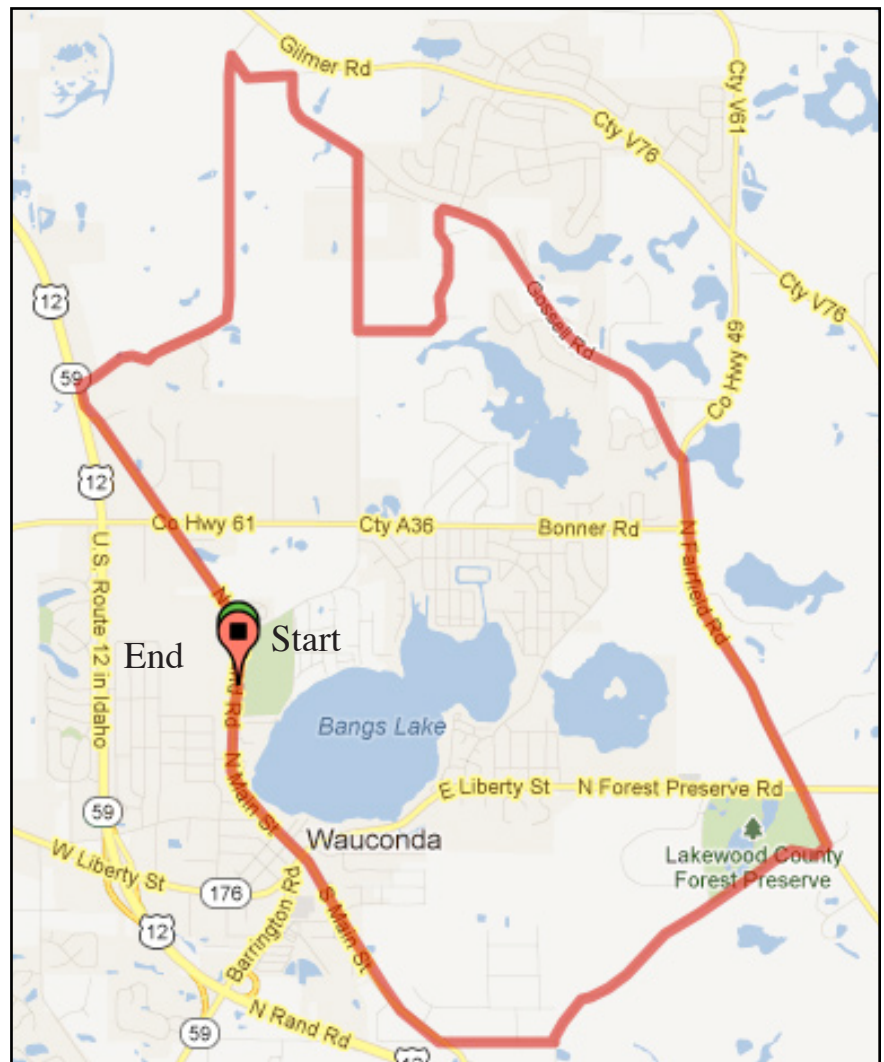
Cook Park 600 North Main Street, Wauconda, IL 60084
www.waucondaparks.com (847) 526-3610
Wauconda Park District



Wauconda Adult Sprint Triathlons Bike Course Map

Begin at Cook Park transition
Right onto North Main Street
Turns into North Old Rand Road
Slight right onto North Callanhan Road
Right onto West Old Gilmer Road
Right onto Gossell Road
Right North Garland Road
Slight left onto North Virginia Lane
Right onto North Gossell Road
Right onto North Fairfield Road
Right onto West Ivanhoe Road
Slight right onto West Ivanhoe Road
Right onto Old Rand Road/South Main Street
Right into Cook Park Bike Staton
Begin Run course

12 Miles



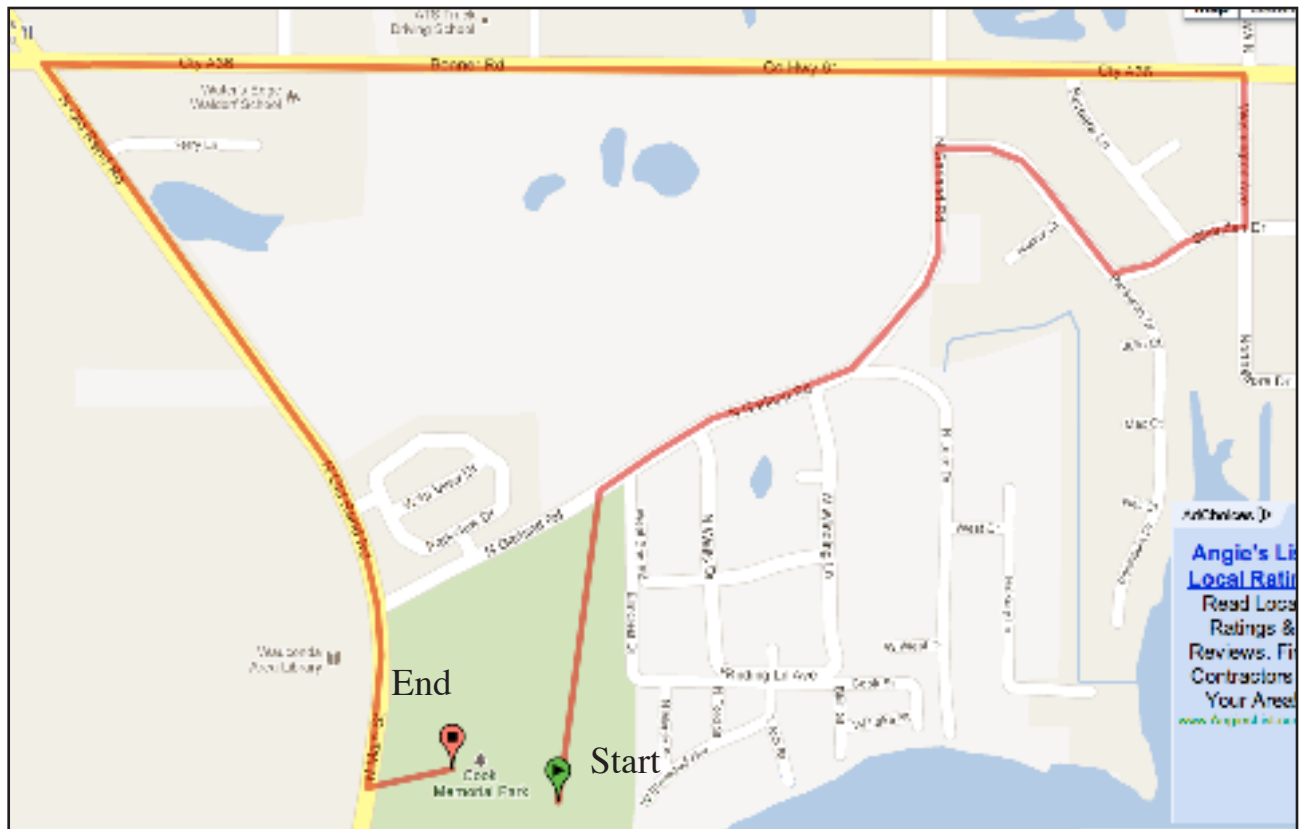
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Wauconda Adult Sprint Triathlons Run Course Map

Exit transition
North on walking path to Garland Road
Right onto North Garland Road
Right onto Northshore Drive becomes Sheridan Drive
Left onto Washington Avenue
Left onto Bonner Road
Left onto Old Rand Rd./Main Street
Left onto Cook Park parking lot to finish line

3.1 Miles



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